

**Book Review from Alan Caruba**  
**Editor and Charter Member: National Book Critics Circle**

When you've been a book reviewer as long as I have (don't ask!) you see, from year to year, a lot of books that fall into familiar formulas; essentially repeating what many previous books have had to say. That's why finding books with something new to say is the bonus for which I look and that's why I am recommending **A Sacred Walk: Dispelling the Fear of Death and Caring for the Dying** by Donna M. Authers. It addresses the fact that all of us will die at some point and that all of us will be called upon to help a parent, spouse, friend or other loved one make the final journey. Helping them make the most of their last years, months or weeks can provide priceless memories, despite the fact that it will test you in every way. This is Authers' personal story, but it is also ultimately everyone's story when faced with this final stage of life.